Regional Center of the East Bay (RCEB) Board Training Plan

September 1, 2020

This training plan is developed to assure that the members of the RCEB board receive training that enables them to understand and carry out their responsibilities as board members throughout their term. The RCEB Board of Directors includes training as a central component of the annual work plan. It is expected that board members will receive training throughout their tenure with targeted readings, formal training sessions, and presentations throughout the year at board meetings.

The requirements for this training are found in the Lanterman Act section detailed below:

Welfare & Institutions Code, section 4622((g)(1) The regional center shall provide necessary training and support to these board members to facilitate their understanding and participation, including issues relating to linguistic and cultural competency. (2) As part of its monitoring responsibility, the department shall review and approve the method by which training and support are provided to board members to ensure maximum understanding and participation by board members. (3) Each regional center shall post on its internet website information regarding the training and support provided to board members.

1. Upon election to the board, members will be provided with training materials on the regional center system, the Lanterman Act, and other relevant information about the developmental disabilities service system.

2. The topics for training that are core to a board member's responsibilities include the following:

    - Lanterman Act and the Developmental Disabilities Service System
    - Board Policies and Procedures
    - The Contract between Regional Centers and the Department of Developmental Services
    - The State of California: Legislative Issues and Advocacy
    - Financial Oversight Responsibilities
    - The Budget
    - Our Diverse Community: Linguistic and Cultural Competence
    - Self-Determination

    This is not an exhaustive list. It will be updated and revised to reflect the needs of the board and emerging issues.

3. A board training session will occur each July for all board members. This training will focus on a topic or topics identified by the Board's Executive Committee as relevant to the board's development and will offer time for questions and dialogue. A subject matter expert in the area selected will be identified to provide the training.

4. There will be two training sessions during the year at the end of board meetings. These will be scheduled as part of the board's annual work plan.

5. With the introduction of the ARCA Academy, board members will be encouraged to attend these offerings and, depending on timing, these may be substituted for the training sessions at the end of board meetings.

6. Throughout the year, there will be presentations to the board on topics of current interest. Examples of possible subjects would be: alternative service delivery, self-determination, home and community based services. These will be provided by senior staff at RCEB.

7. Board members will receive support to actively participate in the board trainings and acquire the education and skills to carry out their responsibilities

8. The board training schedule will be posted on the RCEB website. When training topics and trainers are identified, these will be added to the information posted.

9. RCEB's Board Training Plan will be reviewed and updated at every November meeting of the Board of Directors. By December 15th of each year, RCEB will submit an updated plan for the coming year and a detailed summary of training for the prior year to the Department of Developmental Services (DDS).