

# The Self-Determination Local Advisory Committee of RCEB Presents... PERSON-CENTERED PLAN (PCP) TRAINING

October 28-30, 2021
Time: Thurs. & Fri. 9:00 am-5:00 pm; Sat. 9:00 am-2:00 pm
Location: North Oakland (in person)
Cost: \$320 per person. Payable in advance
\$100 discount to first 10 new person-centered planners to register
Registration and materials included.
Register by Oct. 25 by emailing Sam at SDAdvisoryEastBay@gmail.com

#### Prerequisites...

- Attendance of either Self Determination Program Orientation or Independent Facilitator training
- Proof of COVID vaccination

Training provided by professional trainer Cheryl Ryan Chan



### This Person-Centered Plan Facilitation Training will include...

## Person-Centered Philosophies & Methodology...

Learn the history, origins, intentions and commitment of person-centered plan philosophy

Discuss the essential elements of person-centered planning

Learn the PATH and MAP techniques for creating a plan

Learn the critical importance of Circles of Support & the roles they play during and after the planning process

Explore the basics of best practices in facilitation

Participate in small-group exercises to practice learned methodologies and graphic facilitation

## Participants will learn tools they can use to help individuals...

Develop visions for their future

Construct a meaningful, action-based timeline for acquiring their vision

Create positive and possible goals that work within what is important both to them and for them

More effectively communicate who they are, what's important to them, to staff and caregivers

Identify and foster their own Circles of Support

## Participants will learn...

Who needs a person-centered plan and when

How to apply a person-centered plan and/or other tools to a systems plan

How to conduct a PATH and a MAP plan (primary planning tools)

Ideas they can consider on how to proceed as an organization to adopt person-centered approaches





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### **About Cheryl...**

Cheryl Ryan Chan, is first and foremost, Mom to Nicky, a 28 year old man severely impacted by Autism. Cheryl has spent 21 years in Massachusetts, integrating her son and family into the disabled community and becoming a well-known leader in community organization, legislative activism, mentoring and public speaking. She has served on Boards for several nonprofit human service providers, mental health providers and Support Centers. Her work as a Person-Centered Plan facilitator began in 2010 and has become her greatest passion. Cheryl has trained in Person-Centered Planning in Toronto and New Hampshire and is working toward certification as a Master Facilitator.