

UPDATE ON SELF- DETERMINATION

REGIONAL CENTER OF THE EAST BAY VIA
ZOOM

JUNE 11, 2021 @ 1 PM

JENIFER CASTANEDA, SELF-DETERMINATION PROGRAM
SPECIALIST

LISA KLEINBUB, EXECUTIVE DIRECTOR

A BRIEF UPDATE ON COVID -19 And Vaccines in OUR COMMUNITY

New CASES IN OUR COMMUNITY FOR INDIVIDUALS SERVED BY RCEB:

MARCH: 17

APRIL: 5

MAY: 0

Vaccinations:

Demand Decreasing In Our AREa

EXPANSION TO 12 to 15 years THIS WEEK

APPOINTMENTS AVAILABLE

Vaccines For Regional Center Consumers

- ▶ Alameda County: <https://www.primarybio.com/r/alco-vax-signup>
- ▶
- ▶ CC County: <https://www.coronavirus.cchealth.org/get-vaccinated>
- ▶
- ▶ CA/both counties: <https://myturn.ca.gov/>
- ▶



SELF DETERMINATION:

WHAT IS THERE TO KNOW?

What is it?

Self-Determination is a new model to receive services as a Regional Center consumer.

It is founded on 5 Principles:

- Freedom
- Authority
- Support
- Responsibility
- Confirmation

How is it different?

At this time, services you receive are coordinated by a model where Regional Center funds providers who are vendored to render specific services. This is called the **Traditional Model**.

Self Determination Model allows control over how you design your services for yourself and Freedom to choose any service provider that fits your needs. This model Requires SDP Orientation to complete

How does it work?

A Self Determination transition includes:

SDP Orientation


Person Centered Planning

IPP Meeting


Individual Budget

Financial Management Service

Spending Plan



Has it been
successful for
other people?



Yes! About 30+ people transitioned into this model during COVID-19 shelter in place. They have reported that this model has been instrumental in:

- Tailoring supports to meet their needs
- Choosing service providers that they would not normally be able to choose in Traditional Model
- Purchasing products to help meet goals
- Participate in programs they like
- Maintaining engagement in things they enjoy
- Broadening their interest
- Be with others in their community



It sounds
interesting! How
do I sign up?

Self Determination will “roll out” July 1, 2021!

If you are interested in Self Determination, and want to learn more, you can:

- Join our “interest list”- visit our website or email your Case Manager
- Visit the DDS website to learn about federally approved services and descriptions
- Stay tuned for Self Determination Orientation dates
- Meet with your Case Manager and talk about what is important for you and what your goals are, be proactive!

To Do lists are better for me, I am interested-what do I have to do next?

TODAY

- ❑ GO TO OUR WEBSITE AND COMPLETE THE INFORMATION FOR OUR “INTEREST LIST”

THIS WEEK

- ❑ VISIT THE DDS WEBSITE AND LEARN ABOUT ANYTHING SDP!

THIS MONTH

- ❑ ATTEND A SELF DETERMINATION ORIENTATION
- ❑ TALK WITH YOUR CASE MANAGER ABOUT YOUR INTEREST AND WHAT YOUR GOALS ARE

JULY

- ❑ CHOOSE A PERSON-CENTERED PLANNER AND BEGIN YOUR TRANSITION!

Links, links, links!

RCEB INTEREST LIST:

[HTTPS://WWW.RCEB.ORG/RESOURCES/SELF-DETERMINATION/INTERESTED-IN-SELF-DETERMINATION/](https://www.rceb.org/resources/self-determination/interested-in-self-determination/)

DDS SELF DETERMINATION WEBSITE:

[HTTPS://WWW.DDS.CA.GOV/INITIATIVES/SDP/](https://www.dds.ca.gov/initiatives/sdp/)